



HENRY BAKER COLLEGE

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PERSONAL DETAILS

NAME JITHIN THOMAS ABRAHAM
DEPARTMENT PHYSICAL EDUCATION
DESIGNATION ASSISTANT PROFESSOR
EDUCATIONAL QUALIFICATION B.SC. MATHEMATICS, BPED, MPED,
MPHIL, NET
DATE OF JOINING 08TH JULY 2019
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AREA OF SPECIALIZATION/RESEARCH INTERESTS

Football, Aerobic Dance

CAREER PROFILE

<i>Sl. No</i>	<i>Institution</i>	<i>Designation</i>	<i>Period</i>
1	SCHOOL OF PHYSICAL EDUCATION AND SPORTS SCIENCES, KANNUR UNIVERSITY	ASSISTANT PROFESSOR (CONTRACT)	2018 JULY 10 – 2019 JUNE 30
2	HENRY BAKER COLLEGE MELUKAVU	ASSISTANT PROFESSOR (CONTRACT)	2019 JULY 8 TO TILL DATE

RESEARCH PUBLICATIONS

<i>Sl. No</i>	<i>Name of the Journal</i>	<i>Title of the Article</i>	<i>ISSN No</i>	<i>Month & Year</i>
<u>1</u>	Infokara Research	Under water dance (aqua dance) for health fitness	1021-9056	2019

<u>2</u>	The international journal of analytical and experimental modal analysis	Fluid intake during workouts by the men trainees of selected fitness centers in Kannur	0886-9367	2019
<u>3</u>	Journal of the Gujarat research society	Indoor court marking innovations	0374-8588	2019
<u>4</u>	Journal of the Gujarat research society	Relationship of selected psychological and physical performance variables to playing ability of women ball badminton players	0374-8588	2019
<u>5</u>	Adalya journal	Status of sports goods retail market of Kerala	1301-2746	2019
<u>6</u>	International Journal of scientific research	Effect of watsu water relaxation training on selected physiological variable among school level swimmers	2277-8179	2019

BOOKS PUBLISHED

<i>Sl. No</i>	<i>Title of the Book</i>	<i>Year of Publication</i>	<i>Name of the Publisher</i>	<i>ISBN No</i>	<i>Year</i>
<u>1</u>	Educational Technology and Methods Of Teaching In Physical Education	2020	Sports publication	9788194435877	<u>2020</u>

ARTICLES/FEATURES

<i>Sl. No</i>	<i>Title of the Book</i>	<i>Title of the Articles</i>	<i>Year of Publication</i>	<i>Name of the Publisher</i>	<i>ISBN No</i>	<i>Year</i>
<u>1</u>	Emerging trends in sports science	The biomechanics of human skeletal articulations	2015	Academia publications	978-81-922109-1-9	2015
<u>2</u>	International conference on sports vision and mission for grooming athletes and	Benefits of physical education for children with special needs	2018	Penguin Karaikudi	978-93-5300-603-7	2018

Para athletes for Olympics - 2020						
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DETAILS OF WORKSHOPS/CONFERENCES/SEMINARS/SYMPOSIA ATTENDED/PAPER PRESENTED/TALKS DELIVERED

<i>Sl. No</i>	<i>Title of the seminar/workshop</i>	<i>Venue (UGC)</i>	<i>Date</i>	<i>Title of the paper</i>	<i>International/National/Regional</i>	<i>Invited/Contributed/Participation</i>
1	International conference on exercise physiology and nutrition for enhancing health, fitness and sports performance	Tamil Nadu physical education and sports sciences	5 th march to 7 th march 2019.	Wellness Through Aqua Dance	international	Contributed
2	National seminar on "Sports For All: Equality, Integrity, And Social Inclusion	school of physical education and sports sciences, Kannur university	14 th march to 16 th march 2017.	Physical Activity in Aged Groups	National	Contributed

WORKSHOPS/CONFERENCES/SEMINARS/SYMPOSIA/WORKSHOP ORGANIZED

<i>Sl. No</i>	<i>Title of the seminar/workshop/ conference etc.</i>	<i>Venue/Agency</i>	<i>Date</i>	<i>International/National/Regional</i>

HONOURS AND AWARDS

<i>Sl. No</i>	<i>Award Name</i>	<i>Instituted by</i>

POSITIONS HELD OR HOLDING IF ANY

<i>Sl. No</i>	<i>Position</i>	<i>Year</i>

RESEARCH PROJECT

<i>Sl. No</i>	<i>Title of the Project</i>	<i>Funding Agency</i>	<i>Amount</i>	<i>Period</i>	<i>Major/Minor</i>

MEMBERSHIP IN SCIENTIFIC/PROFESSIONAL SOCIETIES IF ANY

<i>Sl. No</i>	<i>Name of the Society</i>	<i>Nature of membership</i>	<i>Annual/Life time</i>

RESEARCH SUPERVISION

<i>Sl. No</i>	<i>Scholar's Name</i>	<i>Title</i>	<i>University</i>	<i>Year of Registration</i>	<i>Status</i>

COURSES ATTENDED FOR PROFESSIONAL DEVELOPMENT

<i>Sl. No</i>	<i>Name of the Course</i>	<i>Organizing Institute</i>	<i>Period</i>
1	Diploma in Gym/Fitness instructor	Tamil Nadu Physical Education and Sports University	2014
2	Level one ISAK (International Society for the Advancement of Kinanthropometry)	International Society for the Advancement of Kinanthropometry	2017
3	Certified Kerala Football Referee.	Kerala football Association	2012